



Charlotte's

RESTAURANT

at Parsons Green Club



SNACKS

Overnight Oats	5
Oats soaked overnight in Greek Yoghurt with Chia Seeds with seasonal fruit	
Greek Yoghurt Granola	5
Greek Yoghurt mixed with Granola with a twist of Honey	
Greek Yoghurt Compote	5
Greek Yoghurt mixed with seasonal fruit	
Toasted Cheese & Ham Panini	6
Home Baked Panini with Cheddar and Ham	
Grilled Peppers mozzarella	6
Homebaked Panini with grilled peppers, mozzarella and pesto.	

HOT DRINKS

Espresso	2
Double Espresso	3
Macchiato	3
Cappuccino	3
Flat White	3
Hot Chocolate	3
Cafe Latte	3
Mocha	3

Alternative milks available+40p

Tea Selection	2.80
English Breakfast, Green Tea, Earl Grey, Ginger and Lemon, Camomile, Peppermint	

SMOOTHIES

Detox Juice	5
Green Apple, Spinach, Cucumber. Celery, Lemon & Ginger	
Berry Power	5
Banana, pineapple, Berries (Apple Juice or Milk)	
PGC Protein Shake	5
Vanilla Protein Scoop with Milk Add fruit 30p	
Energy Boost	5
Coconut Milk, Coffee, Oats, Cocoa Powder, Banana and Chia Seeds	

Pastries

All Butter Croissant	1.80
Pain Au Chocolate	1.80
Danish pastry	1.80
Made Fresh and subject to availability	

DAYTIME MENU

MONDAY TO THURSDAY 8 AM - 4 PM
FRIDAY & SATURDAY 8AM -10AM
SUNDAY 8 AM - 12 PM

Parsons Green Club

If you have a food allergy, intolerance or sensitivity please speak to a member of the team upon placing your order.
Prices include 20% member discount, a member must be present at the table. Prices are inclusive of VAT

